

Ride Therapy

Ahhh... It's a Wednesday. You come home after a brutal day at work. You say out loud to yourself, "Hmmm, today is Wednesday. I think I need to get some Ride Therapy in tonight!"

With that in mind, you change your clothes, hop on your bike, and with a huge smile on your face, you head out to the Race Trac gas station on Toledo Blade Blvd (corner of El Jobean Road - SR 776).

It's just about 6:45 pm and you start hearing and seeing other riders rolling in. That smile still hasn't left your face as you greet other riders at the Race Trac! Ah yes! Wednesday night Ride Therapy! (Or in some cases, "Wind Therapy!") It's time to ride off to a destination unknown!

What: Wednesday Night Ride Therapy

Where: Meet at the Race Trac Gas Station, corner of Toledo Blade and SR 776

When: Every Wednesday, kick stands up at 7:00pm

Why: Because you can...



Indian Gary

